



**Maratha Vidya Prasarak Samaj's
ARTS AND COMMERCE COLLEGE, SOYEGAON**

Tal. Malegaon, Dist. Nashik (M.S.) - 423105

Affiliated to S.P.Pune University, Pune (CAAN018530)

ISO 9001:2015 Certified

E- Mail- srcollege.soyegaon@mvp.edu.in (AISHE : C-41366)

INTERNATIONAL YOGA DAY 2024

Date – 21/06/2024

REPORT

सोयगाव - 21 जून 2023 हा आंतरराष्ट्रीय योग दिवस म्हणून साजरा केला जातो. मराठा विद्या प्रसारक समाज, कला व वाणिज्य महाविद्यालय सोयगावच्या वतीने या कार्यक्रमाचे महत्त्व ओळखून महाविद्यालयातील सर्व विद्यार्थी, प्राध्यापक व शिक्षकेतर कर्मचाऱ्यांना महाविद्यालयाच्या कॅम्पसमधील आंतरराष्ट्रीय योग दिनाच्या कार्यक्रमात सहभागी होण्याचे आवाहन करण्यात आले. योग दिनाची सूचना महाविद्यालयाच्या सूचना फलकावर लावण्यात आली होती.

या वेळी महाविद्यालयाच्या फिजिकल डायरेक्टर प्राध्यापिका अश्विनी देशमुख यांनी विविध योगाचे प्रकारांचे प्रत्यक्ष प्रतेक्षिके विद्यार्थ्यांना व महाविद्यालयातील कर्मचाऱ्यांना करून दाखवले व त्यामागील आरोग्याचे महत्त्व देखील पटवून सांगितले आणि यवातूनच हा योग दिन साजरा करण्या मागील महाविद्यालयाचा हेतू देखील स्पष्ट केला या कार्यक्रमासाठी प्रमुख उपस्थित म्हणून महाविद्यालयाचे प्राचार्य डॉ एच एम क्षीरसागर उप प्राचार्य डॉ मनोज जगताप व इतर सर्व प्राध्यापक व प्राध्यापकेतर सेवक मोठ्या संख्येने उपस्थित होते.

Translation of Report

Soygaon - 21st June 2023 is celebrated as International Yoga Day. On behalf of Maratha Vidya Prasarak Samaj, College of Arts and Commerce, Soygaon, recognizing the importance of this program, all the students, faculty and non-teaching staff of the college were invited to participate in the International Yoga Day program in the campus of the college. The notice of Yoga Day was posted on the notice board of the college.

On this occasion, the physical director of the college, Prof. Ashwini Deshmukh, demonstrated the different types of yoga to the students and

the staff of the college and also explained the importance of health behind it and also explained the intention of the college to celebrate this yoga day. Kshirsagar Vice Principal Dr. Manoj Jagtap and all other professors and non-professors were present in large numbers.





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सूचना

आंतरराष्ट्रीय योग दिवस २०२४

मराठा विद्या प्रसारक समाजाचे कला, विज्ञान व वाणिज्य महाविद्यालय, सोयगाव येथे जागतिक योग दिवस साजरा करण्यात येणार असून, सर्व विद्यार्थ्यांनी 21 जून 2024 वार शुक्रवार, सकाळी ठीक 09.00 वाजता महाविद्यालयात उपस्थित राहणे अनिवार्य आहे, सर्व विद्यार्थ्यांची उपस्थिति घेतली जाईल, याची कृपया नोंद घ्यावी.

Notice

Please note that World Yoga Day will be celebrated at Maratha Vidya Prasarak Samaj's College of Arts, Science and Commerce, Soygaon, and it is mandatory for all students to attend the college on 21st June 2024, Friday, at 09.00 AM sharp, all students will be recorded.





Maratha Vidya Prasarak Samaj's
Arts and Commerce College, Soygaon,
Tal. Malegaon, Dist. Nashik
Academic Year 2024-2025



Attendance Sheet

Date: 21/06/2024

Activity Name: International Yoga Day

Department: Physical Education

| Sr. No. | Name of Guest/Staff/Students | Class | Sign |
|---------|------------------------------|-----------|---------------|
| 1 | Lokesh Pravin Thoke. | T.Y.B.com | Thoke |
| 2 | Mayur Vijay Ahire. | T.Y.B.com | Mayur A. |
| 3 | Prem Yogesh Pawar | S.Y.B.com | Pawar. |
| 4 | Vicky Ravindra Shelar | S.Y.B.A | Vicky |
| 5 | Kunal Ashok Bachhav | S.T.B.A | Kunal |
| 6 | Yash Sunil Bachhav. | F.Y.B.com | Yash |
| 7 | MAYUR AMOL Bachhav | F.Y.B.Sc | Mayur |
| 8 | Akshay Bhaswan Ahire | F.Y.B.Sc | Ahire |
| 9 | Sameer Nandkishor Nikam | F.Y.B.A | Nikam |
| 10 | Vinayak Dashrath Suryawanshi | T.Y.B.com | V.D.S. |
| 11 | Anikesh Nikam | S.Y.B.A. | Nikam. |
| 12 | Yuvraj Ahire. | S.Y.B.A. | Yuvraj |
| 13 | Tushar Patil. | S.Y.B.A. | Tushar |
| 14 | Nikhil Aabaji Boose. | S.Y.B.A. | N.Boose |
| 15 | Pratull Prakash Pawar. | S.Y.B.A. | Pratull |
| 16 | Mayur Sonawane | S.Y.B.A. | Mayur |
| 17 | Manoj Karande. | S.Y.B.A. | M.Karande |
| 18 | Bhushan Samadhan Shelar. | S.Y.B.com | Bshelar |
| 19 | Aniket Sahebrao shelar | S.Y.B.A | A.S.Shelar |
| 20 | Yogesh Balu Shirde | T.Y.B.A. | Y.B.S. |
| 21 | Prem Jaypal Pawar | T.Y.B.com | Pawar |
| 22 | Harshal Kheirnar. | S.Y.B.A. | H.Kheirnar |
| 23 | Yash Patil. | F.Y.B.A. | Yash Patil |
| 24 | Sani Nema Gausali. | F.Y.B.A | S.Gausali |
| 25 | Swami Rupesh Wagh | T.Y.B.com | Swagh |
| 26 | Dignjay Patil. | T.Y.B.com | Dignjay Patil |
| 27 | Ajay Ahire. | S.Y.B.A | Ajay Ahire |
| 28 | | | |
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Department: Physical Education.

| Sr. No. | Name of Guest/Staff/Students | Class | Sign |
|---------|------------------------------|-----------|--------------|
| 1 | Devta Vaibhav Bunde | S.Y.B.com | Bunde |
| 2 | Jayashri Mangesh More | F.Y.B.Sc. | J More |
| 3 | Khushi Rajendra Ahire | F.Y.B.Sc. | Bhushi |
| 4 | Rashi Devidas Daitkar | F.Y.B.com | R.D.Daitkar |
| 5 | Priganka Gangadhar Nikam | F.Y.B.com | Priganka |
| 6 | Vaishnavi Ankush Khairnar | F.Y.B.Sc. | Vaishnavi |
| 7 | Namsata Bhaskar Sonawane | S.Y.B.A. | N.B.Sonawane |
| 8 | Pooja Kailas Gosavi | S.Y.B.A. | Pooja |
| 9 | Poonam more | S.Y.B.A. | Poonam |
| 10 | Divyeni Kale | T.Y.B.A. | Divyeni Kale |
| 11 | Jagruti Dinesh Yeole | S.Y.B.com | J Yeole |
| 12 | Nilima Ketkare | S.Y.B.A. | Nilima |
| 13 | mokshini Prakash Jadhav | S.Y.B.com | M Pradhav |
| 14 | Yugandhara more | S.Y.B.com | Y more |
| 15 | Apeksh wagh more | T.Y.B.A. | Apeksha |
| 16 | Pooja Kadam | F.Y.B.com | P Kadam |
| 17 | Harshada More | S.Y.B.A. | H More |
| 18 | Ahise Bhurika Kailas | S.Y.B.com | B.K.A. |
| 19 | Ahise Gayatri Rajendra | S.Y.B.A. | G. Ahire |
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Photo report of programme



All the participate are busy in Yoga Practices



Same picture to view of yoga practice



Phy Director Prof Ashwini Deshmukh is Busy to learn and importance of yoga

Link of Programme -

<https://www.facebook.com/share/p/biWyjPwwWpMpi7D1/?mibextid=WC7FNe>

